

# A BRIEF UPDATE

From the Long-Term Follow-Up Study

April 2011

<http://ltfu.stjude.org>

## Topic: HEALTH LINKS

### What:

- Screening and care guidelines for managing late effects of childhood cancer treatment
- Health Links are part of the Children's Oncology Group Survivorship Guidelines
- Information provided by LTFU study participants has been crucial to the development of the guidelines. Thank you, participants!

### Who provides the Health Links?

Children's Oncology Group (COG)

- An international clinical trials cooperative group supported by the US National Cancer Institute
- Does research on childhood cancer treatments
- LTFU Study member institutions take part in COG.

### Where:

On the Web at:

<http://www.survivorshipguidelines.org>

### For healthcare providers:

The following links at the website are geared toward healthcare professionals:

- Long-Term Follow-Up Guidelines
- Long-Term Follow-Up Guidelines Appendix I (Materials for Clinical Application of the LTFU Guidelines)
- Patient-Specific Guideline Identification Tool
- Radiation Reference Guide
- Long-Term Follow-Up Guidelines Appendix II (Complete indexed set of Health Links)

### For survivors:

Survivors can click on individual Health Links topics.

## Available Health Links

- Introduction to Long-Term Follow-Up
- Introduction to Long-Term Follow-Up (Spanish)
- Emotional Issues
- Emotional Issues (Spanish)
- Educational Issues
- Finding and Paying for Healthcare
- Finding and Paying for Healthcare (Spanish)
- Diet and Physical Activity
- Diet and Physical Activity (Spanish)
- Eye Health
- Cataracts
- Hearing Loss
- Growth Hormone Deficiency
- Central Adrenal Insufficiency
- Hyperprolactinemia
- Hypopituitarism
- Dental Health
- Osteoradionecrosis
- Thyroid Problems
- Heart Health
- Pulmonary Health
- Bleomycin Alert
- Gastrointestinal Health
- Liver Health
- Hepatitis
- Splenic Precautions
- Kidney Health
- Single Kidney Health
- Bladder Health
- Cystectomy
- Neurogenic Bladder
- Female Health Issues
- Male Health Issues
- Precocious Puberty
- Bone Health
- Osteonecrosis
- Amputation
- Limb Sparing Procedures
- Scoliosis and Kyphosis
- Peripheral Neuropathy
- Raynaud's Phenomenon
- Chronic Pain
- Skin Health
- Breast Cancer
- Colorectal Cancer
- Reducing the Risk of Second Cancers
- Reducing the Risk of Second Cancers (Spanish)

# Children's Oncology Group Health Links

<http://www.survivorshipguidelines.org>



## How to use the Survivorship Guidelines and Health Links

- The Health Links are part of the COG Survivorship Guidelines (see website address above.) They are written in lay language and are addressed to survivors themselves. However, please review them with your doctor.
- Other parts of the guidelines are written in scientific language and are addressed to healthcare professionals.
- Share the site with your primary care doctor, your dentist, and your other regular healthcare providers; ask them to review it with you.
- To view individual Health Links topics, scroll down the page to the instruction that reads:

Click below to download individual Health Links

Clicking on a topic will open the pdf file of the topic in a new window or tab.

## More about the Survivorship Guidelines

*(Adapted from the survivorship guidelines website)* COG's Long-Term Follow-Up Guidelines for Survivors of Childhood, Adolescent, and Young Adult Cancers were created for healthcare providers. The purpose is to provide recommendations for screening and management of health problems that can develop after treatment for childhood cancers.

The guidelines can be useful for survivors themselves, but at this time the only version available is meant for healthcare providers. Because of this, survivors are strongly encouraged to use the guidelines only with the assistance of a healthcare professional who is knowledgeable about long-term follow-up care for survivors of childhood, adolescent, and young adult cancers. This is important so that survivors can be sure of getting a complete picture of their health status and any risks they face can be put in the correct perspective.

COG does not provide individualized treatment advice to patients or their families, and strongly recommends discussing this information with a qualified medical professional.

Make sure you receive your newsletter and other Study materials. Update your contact information anytime it changes.

Go to <http://ltfu.stjude.org/newsletters> and click the link on the right side of the page labeled "Update Your Info."

You can update your name, address, telephone number, and email address. You can also leave a comment.

Thank you!