Childhood Cancer Survivor Study Analysis Concept Proposal 09/13/2021

1. Study Title: Emotional distress, social resources, and phenotypic aging in adult survivors of childhood cancer

2. Working Group(s): Psychology (Primary), Chronic Disease (Secondary)

Investigators:

Name Contact information

Kelly Rentscher, PhD krentscher@mednet.ucla.edu

Kirsten Ness, PT, PhD kiri.ness@stjude.org

Greg Armstrong, MD, MSCE greg.armstrong@stjude.org
Kevin Krull, PhD kevin.krull@stjude.org
Kim Edelstein, PhD kim.edelstein@uhn.ca
Eric Chow, MD, MPH ericchow@uw.edu

Tara Brinkman, PhD tara.brinkman@stjude.org Wendy Leisenring, ScD wleisenr@fredhutch.org

Lu Lu, MS lu.lu@stjude.org

I-Chan Huang, PhD i-chan.huang@stjude.org Carrie R. Howell, PhD chowell@uabmc.edu

Rebecca Howell, PhD rhowell@mdanderson.org

3. Background and Rationale:

Five-year survival rates for childhood cancer have improved to over 80% over the past several decades. However, treatment of the cancer comes at a cost, with many survivors experiencing late effects that last for the rest of their lives and resemble an aging phenotype, or age-related functional declines thought to be manifestations of aging at the cellular level. Cognitive, physical, and functional symptoms characteristic of an accelerated aging phenotype are more prevalent in childhood cancer survivors than similarly aged peers or siblings, including physiologic frailty, ^{2–4} cognitive impairment,⁵ pain,⁶ and limitations in daily activities.^{7,8} Specifically, 8-13% of childhood cancer survivors exhibit a physiologic frailty phenotype in early adulthood and 20-32% exhibit prefrailty.^{3,9} These prevalence estimates are comparable to adults aged 65 years and older in the general population, and represent a 2- to 3-fold greater risk compared to peers and siblings.^{3,4,9} In addition, 20-48% of survivors exhibit neurocognitive impairment^{5,10} and 18-68% experience physical function limitations. 8,11 Not all survivors experience these late effects, suggesting that modifiable behavioral. socioeconomic, and environmental factors may also influence vulnerability. The transition to middle adulthood may represent a period of increased vulnerability in which prolonged or recurring experiences of psychosocial distress may further contribute to accelerated or premature aging trajectories. The proposed research will begin to address this gap by examining the impact of emotional distress and social resources over a 10-year period from early to middle adulthood on an accelerated aging phenotype in childhood cancer survivors and their siblings.

Depression and anxiety symptoms are among the most prevalent emotional comorbidities reported by childhood cancer survivors more than 5 years after diagnosis. Prevalence estimates for clinically elevated emotional distress range from 10–32%, with studies suggesting that survivors experience higher levels of distress than similarly aged peers and siblings. Previous research with childhood cancer survivors suggests that elevated levels of emotional distress are uniquely associated with symptoms of phenotypic aging, including frailty, learning and memory problems, poorer physical function, lower vitality, and role disruptions due to physical health. In one study, emotional distress accounted for 56% of the variance in physical quality of life after accounting for several socio-demographic and treatment-related factors. However, all of these previous investigations have examined cross-sectional associations between emotional distress and phenotypic aging. Research is needed that investigates longitudinal distress, which may become prolonged or recur over time to cumulatively influence cognitive, physical, and functional declines.

Current theoretical frameworks posit that supportive social relationships can positively influence health by fulfilling basic needs for social connection and providing a buffering resource during times of distress, and importantly, disruptions in social relationships can be an additional source of distress. Only two studies to date have examined cross-sectional associations between social relationships and symptoms of phenotypic aging in adult survivors of childhood cancer, finding that survivors who were not married were more likely to be frail and had lower cognitive functioning than those who were married or living as married. Other hat emotional distress has also been associated with marital status, research that examines the degree to which social relationships—both marital and non-marital—during middle adulthood may moderate associations between emotional distress and phenotypic aging is needed. Recent research has also found that other social resources such as neighborhood socioeconomic status, access to parks, recreational facilities, and grocery stores, and rurality were associated with obesity in adult survivors of childhood cancer; however, associations with phenotypic aging outcomes and have not yet been examined.

Recent evidence suggests that cancer treatment can accelerate biological aging in adult cancer survivors by up to 15 years. ^{20,21} Exposure to cancer treatment is thought to contribute to cellular stress and excess DNA damage that can lead to premature cellular senescence, a permanent state of cell growth arrest. ^{20–22} Studies with childhood cancer survivors have found that survivors show signs of accelerated biological aging relative to non-cancer controls, including greater gene expression of cellular senescence marker p16^{INK4a}, shorter telomere length, and higher circulating markers of inflammation. ^{2,23,24} Emerging evidence suggests that accelerated biological aging may be a key driver of age-related functional declines; ^{22,25} therefore, the physical, functional, and cognitive declines observed in childhood cancer survivors may be a manifestation of accelerated aging at the cellular level. In midlife adults without cancer, our group and others have found links between psychological stress and accelerated biological aging, including cellular senescence marker p16^{INK4a}, and initial evidence that this can be modified by social connection. ^{26–28} These findings suggest that psychosocial processes can impact key biological aging pathways; however, whether they contribute to variability in biological and phenotypic aging in childhood cancer survivors has not yet been tested.

The present study will begin to address these gaps by examining the impact of emotional distress and social resources over a 10-year period on accelerated phenotypic aging in childhood cancer survivors compared to sibling controls.

4. Specific Aims and Hypotheses:

Aim 1: Evaluate associations between emotional distress (depression, anxiety, and pain symptoms) and phenotypic aging (physiologic frailty, cognitive function, physical function, role limitations due to physical health problems) in survivors of childhood cancer versus sibling controls.

<u>Hypothesis 1a</u>: Higher depression, anxiety, and pain symptoms across Baseline/Expansion Baseline, FU2, FU4, FU5, and FU7 (when data are available) will be associated with subsequent onset of frailty from Baseline/Expansion Baseline to FU5/FU7, and these associations will be stronger for survivors than siblings.

<u>Hypothesis 1b</u>: Higher depression, anxiety, and pain symptoms across FU2/Expansion Baseline, FU4, FU5, and FU7 (when data are available) will be associated with subsequent onset of cognitive impairment from FU2 to FU5/FU7, and these associations will be stronger for survivors than siblings.

<u>Hypothesis 1c</u>: Higher depression, anxiety, and pain symptoms across FU2/Expansion Baseline, FU4, FU5, and FU7 (when data are available) will be associated with poorer physical function and greater role limitations due to physical health at FU5/FU7, and these associations will be stronger for survivors than siblings.

Aim 2. Evaluate the degree to which social resources (social functioning, neighborhood resources, marital status) moderate associations between emotional distress and phenotypic aging in survivors of childhood cancer versus sibling controls.

<u>Hypothesis 2a</u>: Individuals with less disruption in social activities across FU2/Expansion Baseline, FU5, and FU7 (when data are available) will show attenuated associations between depression, anxiety, and pain symptoms and frailty, cognitive and physical function, and role limitations than individuals with greater disruption in social activities.

<u>Hypothesis 2b</u>: Individuals with greater neighborhood resources (neighborhood SES, access to parks, recreational facilities, and groceries stores, rurality) across Baseline/Expansion Baseline and FU6 (or last known follow-up) will show attenuated associations between depression, anxiety, and pain symptoms and frailty, cognitive and physical function, and role limitations than individuals with fewer neighborhood resources.

Exploratory Hypothesis 2c: Individuals who are married or living with a partner as married across Baseline/Expansion Baseline, FU2, FU4, FU5, and FU7 (when data are available) will show attenuated associations between depression, anxiety, and pain symptoms and frailty, cognitive and physical function, and role limitations than individuals who are unmarried.

Analysis Framework:

a. Study Population: This analysis will include CCSS survivors and siblings from the original and expansion (when FU7 data are available) cohorts who meet the following eligibility criteria:

Aim 1a – Frailty:

- i. Were at least 18 years old and alive at Baseline/Expansion Baseline
- ii. Do not meet criteria for frailty (Section 5.b.i.) at Baseline/Expansion Baseline
- iii. Were alive and have outcome data available at FU5 (original cohort) or FU7 (expansion cohort)

iv. Have emotional distress (BSI) data available at Baseline and FU5 (original cohort) or Expansion Baseline (expansion cohort). Data at FU2 and FU4 will also be included in the analyses but are not required for inclusion in the sample.

Based on these criteria, 8,247 survivors and 1,738 siblings will be included in Aim 1a analyses (see Figure 1a for CONSORT diagram).

Aim 1b – Cognitive function:

- i. Were at least 18 years old and alive at Baseline/Expansion Baseline
- ii. Do not meet criteria for cognitive impairment (T-scores ≥63; Section 5.b.ii.) at FU2
- iii. Were alive and have outcome data available at FU5
- iv. Have emotional distress (BSI) data available at Baseline and FU5. Data at FU2 and FU4 will also be included in the analyses but are not required for inclusion in the sample.

Based on these criteria, 3,570 survivors and 200 siblings will be included in Aim 1b analyses (see Figure 1b for CONSORT diagram).

Aim 1c – Physical function and role limitations:

- i. Were at least 18 years old and alive at Baseline/Expansion Baseline
- ii. Were alive and have outcome data available at FU5 (original cohort) or FU7 (expansion cohort)
- iii. Have emotional distress (BSI) data available at Baseline and FU5 (original cohort) or Expansion Baseline (expansion cohort). Data at FU2 and FU4 will also be included in the analyses but are not required for inclusion in the sample.

Aim 2:

i. Have social functioning (SF-36), neighborhood resources, and marital status data available for at least 1 timepoint between Baseline/Expansion Baseline and FU7.

b. Outcome Variables: Phenotypic Aging (Aims 1 and 2)

i. <u>Frailty</u> will be assessed at Baseline/Expansion Baseline, FU2, and FU5/FU7 using a modified version of the Fried Frailty Index^{4,29} based on the following five criteria. outcome.

Low lean muscle mass: Defined as either body mass index (BMI) <18.5 kg/m² (Baseline A10 and A11; Expansion Baseline A3 and A4; FU2 7 and 8; FU5 A1 and A2) or unintentional weight loss of \geq 10 pounds in the past year (Baseline, Expansion Baseline, and FU2 Not available; FU5 A3).

Self-reported exhaustion: Defined as a T-score of ≤40 on the Vitality subscale of the SF-36, which consists of the following 4 items: (1) "How much of the time during the past four weeks did you feel full of life/pep?" (FU2 F1; FU5 P1a); (2) "Did you have a lot of energy?" (FU2 F5; FU5 P1e); (3) "Did you feel worn out?" (FU2 F7; FU5 P1 g); and (4) "Did you feel tired?" (FU2 F9; FU5 P1i). At Baseline and Expansion Baseline, this criterion is defined as a T-score ≥63 on the somatization subscale of the Brief Symptom Inventory, based on significant associations with the SF-36 Vitality subscale in previous

analyses (BSI; Baseline: J17, 18, 26, 27, 29, 31; Expansion Baseline K2, 3, 10, 11, 12, 14).^{7,11}

Low energy expenditure: Defined as <383 kilocalories (kcal)/week for males and <270 kcal/week for females, estimated by converting the reported frequency and duration of light, moderate, and vigorous activities into kilocalories using guidelines provided by the Compendium of Physical Activities^{4,30,31} (Baseline N9 modified; Expansion Baseline O15 modified; FU2 D1-7; FU5 N15-24)

Slowness/Walking limitations: Defined as a response of "Limited for more than three months" to either of the following 2 items: (1) "Over the last two years, how long has your health limited you in walking uphill or climbing a few flights of stairs?" (Baseline N14c; FU2 E6 modified; FU5 N29c); or (2) "Over the last two years, how long has your health limited you in walking one block?" (Baseline N14e; FU2 E11 modified; FU5 N29e). Note: Baseline and FU2 include similar items from the SF-36.

Weakness: Defined as a response of "Yes, and the condition is still present" to the item "Have you ever been told by a doctor or other health care professional that you have, or have had, weakness or inability to move yours arms?" (Baseline J10; Expansion Baseline J11; FU2 G14; FU5 K11).

Coding: Participants who meet 0–1 criterion are considered robust/non-frail, those who meet 2 criteria are considered pre-frail, and those who meet 3–5 criteria are considered frail. We then create two dichotomous variables to represent participants that are frail (\geq 3 criteria vs. < 3 criteria) and pre-frail (\geq 2 criteria vs. < 2 criteria).

Given that the Baseline/Expansion Baseline include modified items for frailty, sensitivity analyses for Aim 1a will adjust for Baseline/Expansion Baseline frailty, with FU5/FU7 frailty as the primary outcome.

ii. <u>Cognitive function</u> will be assessed at FU2, FU5, and FU7 using the CCSS-NCQ^{32,33} 8-item Task Efficiency (FU2 J2, 6, 14, 16, 17, 21, 23, 25; FU5 Q2, 5, 11, 12, 13, 16, 18, 20) and 5-item Memory (FU2 J5, 7, 13, 20, 24; FU5 Q4, 6, 10, 15, 19) subscales, which measure neurocognitive concerns over the past 6 months. We focus on these subscales because attention/processing speed and memory are common age-related concerns and most relevant to hypotheses, in order to reduce multiple testing.

Note: Baseline, Expansion Baseline, and FU4 do not include these subscales.

Items for each subscale will be summed to create a subscale score, and subscale scores will be transformed into T-scores (based on sibling norms) for the analysis, with higher scores indicating greater neurocognitive problems.

The primary outcome will be a dichotomous variable, in which T-scores \geq 63 (in the top 10^{th} percentile of the sibling reference) are considered clinically meaningful impairment.^{5,34} Continuous T-score variables will also be considered in secondary analyses.

Sensitivity analyses for Aim 1b will adjust for FU2 cognitive function, with FU5/FU7 cognitive function as the primary outcome.

iii. **Physical function** will be assessed at FU2, FU5, and FU7 using the SF-36 Physical Functioning subscale (FU2 E3-12; FU5 O3a-j).

Note: Baseline, Expansion Baseline, and FU4 do not include this subscale.

Subscale scores will be transformed into T-scores (based on population norms) for the analysis, with lower scores indicating poorer physical functioning.

The primary outcome will be a dichotomous variable, in which T-scores \leq 40 (less than 1 SD below the mean) are considered clinically meaningful impairment. Continuous T-score variables will also be considered in secondary analyses.

Sensitivity analyses for Aim 1c will adjust for FU2 physical function, with FU5/FU7 physical function as the primary outcome.

iv. <u>Role limitations</u> will be assessed at FU2, FU5, and FU7 using the SF-36 Role Limitations due to Physical Health subscale (FU2 E13-16; FU5 O4a-d).

Note: Baseline, Expansion Baseline, and FU4 do not include this subscale.

Subscale scores will be transformed into T-scores (based on population norms) for the analysis, with lower scores indicating greater role limitations.

The primary outcome will be a dichotomous variable, in which T-scores \leq 40 (less than 1 SD below the mean) are considered clinically meaningful impairment. Continuous T-score variables will also be considered in secondary analyses.

Sensitivity analyses for Aim 1c will adjust for FU2 role limitations, with FU5/FU7 role limitations as the primary outcome.

c. Predictor Variables: Emotional Distress (Aims 1 and 2)

- i. <u>Depressive symptoms</u> will be assessed at Baseline/Expansion Baseline, FU2, FU4, FU5, and FU7 (when data are available) using the Brief Symptom Inventory-18 (BSI-18) Depression subscale (Baseline J19, 21, 22, 23, 30, 35; Expansion Baseline K4, 6, 7, 8, 13, 18; FU2 G4, 6, 7, 8, 13, 18; FU4 L4, 6, 7, 8, 13, 18; FU5 L4, 6, 7, 8, 13, 18).
 - Subscale scores will be transformed into T-scores (based on sex-specific population norms) for the analysis, with higher scores indicating greater depressive symptoms.³⁵ A dichotomous predictor variable will also be considered, with T-scores ≥63 considered clinically meaningful depression symptoms.
- ii. <u>Anxiety symptoms</u> will be assessed at Baseline/Expansion Baseline, FU2, FU4, FU5, and FU7 (when data are available) using the Brief Symptom Inventory-18 (BSI-18) Anxiety subscale (Baseline J16, 20, 24, 32, 33, 34; Expansion Baseline K1, 5, 9, 15, 16, 17; FU2 G1, 5, 9, 15, 16, 17; FU4 L1, 5, 9, 15, 16, 17; FU5 L1, 5, 9, 15, 16, 17).

Subscale scores will be transformed into T-scores (based on sex-specific population norms) for the analysis, with higher scores indicating greater anxiety symptoms. ³⁴ A dichotomous predictor variable will also be considered, with T-scores ≥63 considered clinically meaningful anxiety symptoms.

<u>Pain symptoms</u> will be assessed at Baseline/Expansion Baseline, FU2, FU4, FU5, and FU7 (when data are available) using the Brief Symptom Inventory-18 (BSI-18) item

"Pains in your heart or chest" (Baseline J18; Expansion Baseline K3; FU2 G3; FU4 L3; FU5 L3).

Note: Because the somatization subscale is being used to characterize frailty at Baseline/Expansion Baseline, we will examine only the pain item rather than the full somatization subscale.

As a second measure, pain will also be assessed using the 2-item Medical Outcomes Study 36-Item Health Survey Questionnaire (SF-36)³⁶ Pain subscale, which consists of the following 2 items: (1)"How much bodily pain have you had during the past 4 weeks?" and (2) "During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?" (Baseline: Not available; Expansion Baseline: K21-22; FU2: E21-22; FU4: L21-22; FU5: O7-8).

For analyses that include the SF-36 Pain subscale, subscale scores will be transformed into T-scores (based on population norms) for the analysis, with higher scores indicating greater pain. A dichotomous outcome variable will also be considered, with T-scores ≤40 (less than 1 SD below the mean) considered clinically meaningful impairment.

d. Moderator Variables: Social Resources (Aim 2)

i. <u>Social functioning</u> will be assessed at FU2, FU5, and FU7 using the Medical Outcomes Study 36-Item Health Survey Questionnaire (SF-36)³⁶ Social Functioning subscale, which consists of the following 2 items: (1) "During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?" (FU2 E20; FU5 O6) and (2) "During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your social activities (like visiting friends, relatives, etc.)?" (FU2 F10; FU5 P2)

Note: Baseline, Expansion Baseline, and FU4 do not include this subscale.

Subscale scores will be transformed into T-scores (based on population norms) for the analysis, with lower scores indicating poorer social functioning. A dichotomous outcome variable will also be considered, with T-scores ≤40 (less than 1 SD below the mean) considered clinically meaningful impairment. When data are available at multiple time points, scores will be averaged across time points.

- ii. Neighborhood resources: will be assessed at Baseline/Expansion Baseline and FU6 (or the last known follow-up) using publicly available data sources of neighborhood factors that are linked geographically to a participant's place of residence. These factors will include: (1) neighborhood socioeconomic status, assessed using the Yost SES Index; (2) access to exercise opportunities, or the percentage of individuals in a given county that have access to parks and recreational facilities; (3) access to healthy food options, or the percentage of people in a census tract that live at least 1 mile from the nearest supermarket for urban areas and at least 10 miles for rural areas; and (4) rurality, categorized as metropolitan, micropolitan, small town, or rural area based on USDA Rural-Urban Commuting Area codes. ¹⁹ If data are available at multiple time points, scores will be averaged across time points.
- iii. <u>Marital status</u>: will be assessed at Baseline, Expansion Baseline, FU2, FU4, FU5, and FU7 by calculating a dichotomous variable representing individuals who are married/living with a partner as married versus those who are

single/widowed/divorced/separated/no longer living as married (Baseline L2; Expansion Baseline M3; FU2 2; FU4 M2; FU5 M2).

If data are available at multiple time points, the variable will represent whether participants were married/living with a partner at any point during the study period. Depending on the distribution of this variable across time points, the proportion of time points in which participants were married/living with a partner during the study period will also be considered.

e. Covariates

- i. Age at FU5/FU7
- ii. Age at diagnosis
- iii. Sex
- iv. Race/ethnicity (non-Hispanic white, non-Hispanic Black, Hispanic, other)
- v. Treatment exposures: cranial radiation, abdominal radiation, pelvic radiation, cisplatin (≥ 600 mg/m²), amputation, lung surgery; for radiation, maximum target dose (Gy) will be used for the brain, abdomen, and pelvis body regions.⁴
- vi. Obesity (BMI \geq 30 kg/m²; never, former, current) at FU5/FU7⁴
- vii. Heavy drinking (never, former, current) at FU5/FU7
- viii. Smoking status (never, former, current) at FU5/FU7
- ix. Grade 3-4 chronic condition at FU5/FU7

5. Statistical Analysis Plan:

a. Preliminary Analyses

To characterize the study sample, descriptive analyses will be conducted for the demographic and clinical variables listed in Table 1. To test for differences between survivors and siblings, t-tests will be conducted for continuous variables and chi-square tests will be conducted for dichotomous variables.

Descriptive analyses will also be performed for the psychosocial and phenotypic aging variables listed in Table 2. To test for differences between survivors and siblings across the follow-up timepoints, ANOVAs will be conducted for continuous variables and chi-square tests will be conducted for dichotomous variables.

A set of correlations will be performed to examine associations between covariates (Section 4.e.) and phenotypic aging variables, and between the emotional distress and phenotypic aging variables.

b. Aim 1: Evaluate associations between emotional distress and phenotypic aging in survivors versus sibling controls

To test Aim 1, hierarchical linear (i.e., multilevel) models will be conducted to account for the nesting of survivors and siblings within families.

First, we will conduct a set of hierarchical generalized linear models that include depression, anxiety, and pain symptoms as the predictor variables, and the dichotomous frailty, pre-frailty, cognitive impairment, physical function, and role limitations variables at FU5/FU7 as the outcome variables, accounting for covariates.

We will also conduct a secondary set of hierarchical linear models that include the continuous cognitive function, physical function, and role limitations variables at FU5/FU7 as the outcome variables, accounting for covariates.

We will examine depression, anxiety, and pain symptoms in the models as follows:

- a) Participants' depression, anxiety, and pain score at Baseline/Expansion Baseline
- b) Participants' highest depression, anxiety, and pain score across Baseline/Expansion Baseline, FU2, FU4, and FU5/FU7
- c) Change in participants' depression, anxiety, and pain scores from Baseline/Expansion Baseline to FU5/FU7 (difference score)
- d) The proportion of timepoints that participants have clinically meaningful levels of depression, anxiety, and pain (T-scores ≥63 or >40) across Baseline/Expansion Baseline, FU2, FU4, and FU5/FU7.

Note: The proportion will be calculated by dividing the number of timepoints that participants have clinically meaningful levels of depression, anxiety, and pain divided by the number of timepoints that participants have data available. A dichotomous variable representing whether participants had clinically elevated symptoms during at least one timepoint will also be considered, depending on the distribution.

The models will also include interaction terms between depression, anxiety, and pain and case status (survivors vs. siblings) to examine potential differences between survivors and siblings. However, considering the potentially low rates of frailty and impairments in cognitive and physical function and role limitations in siblings (i.e., limited power to detect interactions involving case status), logistic and linear regression models will also be used to examine associations between emotional distress and phenotypic aging separately in survivors and siblings.

Sensitivity analyses will adjust for phenotypic aging variables at Baseline/Expansion Baseline (frailty) or FU2 (cognitive function, physical function, role limitations).

c. Aim 2: Evaluate social resources as moderators of the associations between emotional distress and phenotypic aging in survivors versus sibling controls

To test Aim 2, hierarchical generalized linear (i.e., multilevel) models will also be conducted.

Similarly, we will conduct a set of hierarchical generalized linear models to examine interactions between depression, anxiety, and pain symptoms and social resources (social functioning, neighborhood resources, marital status) on phenotypic aging, accounting for covariates. We will also conduct a secondary set of hierarchical linear models that include the continuous cognitive function, physical function, and role limitations variables at FU5/FU7 as the outcome variables, accounting for covariates.

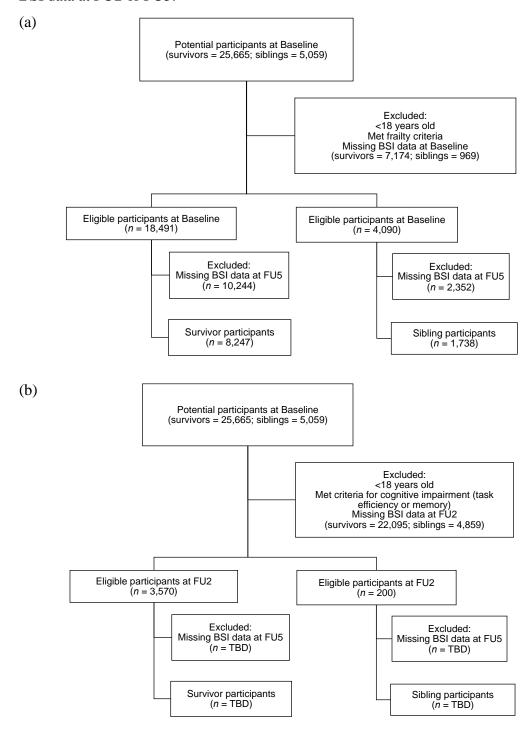
These models will also include interaction terms between depression, anxiety, and pain symptoms, social resource variables, and case status (survivors vs. siblings) to examine potential differences between survivors and siblings. However, considering the potentially low rates of

frailty and impairments in cognitive and physical function and role limitations in siblings (i.e., limited power to detect interactions involving case status), logistic and linear regression models will also be used to examine associations between emotional distress, social resources, and phenotypic aging separately in survivors and siblings.

Sensitivity analyses will adjust for phenotypic aging variables at Baseline/Expansion Baseline (frailty) or FU2 (cognitive function, physical function, role limitations).

Figure 1. CONSORT Diagram for the Childhood Cancer Survivor Study (CCSS).

CONSORT diagram showing the sample of childhood cancer survivors and siblings for (a) Aim 1a and (b) Aim 1b analyses. Participants were excluded if they were younger than 18 years of age at Baseline, met criteria for frailty at baseline (Aim 1a) or cognitive impairment at FU2 (Aim 1b), or were missing BSI data at FU2 or FU5.



| Characteristic | Childhood cancer survivors (n = ###) | Siblings (<i>n</i> = ###) | <i>p</i> -value |
|--|--------------------------------------|----------------------------|-----------------|
| Age at Diagnosis, M (SD) | | | |
| Age at FU5/FU7, M (SD) | | | |
| Sex, n (%) | | | |
| Female | | | |
| Male | | | |
| Race/ethnicity, n (%) | | | |
| Non-Hispanic white | | | |
| Non-Hispanic Black | | | |
| Hispanic | | | |
| Other | | | |
| Employment status, n (%) | | | |
| Employed | | | |
| Unemployed or looking for job | | | |
| Student or retired | | | |
| Not specified | | | |
| Education, n (%) | | | |
| Less than high school | | | |
| High school graduate | | | |
| College graduate | | | |
| Post-graduate | | | |
| Not specified | | | |
| Health insurance, n (%) | | | |
| Yes | | | |
| No | | | |
| Obesity at FU5/FU7 (BMI \geq 30 kg/m ²), n (%) | | | |
| Never | | | |
| Former | | | |
| Current | | | |
| Heavy drinking at FU5/FU7, n (%) | | | |

| Never | | |
|--|--|--|
| Former | | |
| Current | | |
| Smoking status at FU5/FU7, n (%) | | |
| Never | | |
| Former | | |
| Current | | |
| Grade 3-4 chronic condition at FU5/FU7 | | |
| Cancer diagnosis, n (%) | | |
| Treatment exposures, n (%) | | |
| Cranial radiation | | |
| Abdominal radiation | | |
| Pelvic radiation | | |
| Amputation | | |
| Lung surgery | | |

| | Baseline/I | Expansion | Follov | w-up 2 | Follo | w-up 4 | Follow-up 5/7 | |
|--|------------------------------|---------------------|----------------------|---------------------|------------------------------|---------------------|------------------------------|---------------------|
| Variable | Survivors (<i>n</i> = ####) | Siblings (n = ####) | Survivors (n = ####) | Siblings (n = ####) | Survivors (<i>n</i> = ####) | Siblings (n = ####) | Survivors (<i>n</i> = ####) | Siblings (n = ####) |
| Emotional distress | | | | | | | | |
| BSI Depression symptoms, M (SD) | | | | | | | | |
| BSI Anxiety symptoms, M (SD) | | | | | | | | |
| BSI Pain symptoms, M (SD) | | | | | | | | |
| Social functioning | | | | | | | | |
| SF-36 Social functioning, <i>M</i> (<i>SD</i>) | | | | | | | | |
| Neighborhood resources, M (SD) | | | | | | | | |
| Marital status, n (%) | | | | | | | | |
| Married or living as married | | | | | | | | |
| Non-married | | | | | | | | |
| Phenotypic aging | | | | | | | | |
| Frailty, n (%) | | | | | | | | |
| Robust/Non-frail | | | | | - | - | | |
| Pre-frail | | | | | - | - | | |
| Frail | | | | | - | - | | |
| Cognitive function | | | | | | | | |
| Task efficiency, M (SD) | | | | | - | - | | |
| Memory, $M(SD)$ | | | | | - | - | | |
| SF-36 Physical function, M (SD) | | | | | - | - | | |
| SF-36 Role limitations, <i>M</i> (<i>SD</i>) | | | | | _ | - | | |

Table 3. Hierarchical generalized linear models with interactions between emotional distress, social resources, and case status (survivors vs. siblings) predicting frailty and pre-frailty

| | Frailty (≥ 3 c | riteria) | Pre-frailty (≥ 2 | criteria) |
|---|----------------|-----------------|------------------|-----------------|
| Models | Coeff (95% CI) | <i>p</i> -value | Coeff (95% CI) | <i>p</i> -value |
| 1. Depression | | | | |
| Case status | | | | |
| Depression*Case status | | | | |
| 2. Depression | | | | |
| Case status | | | | |
| Social functioning | | | | |
| Depression*Case status | | | | |
| Depression*Social functioning | | | | |
| Case status*Social functioning | | | | |
| Depression*Social functioning*Case status | | | | |
| 3. Depression | | | | |
| Case status | | | | |
| Neighborhood resources | | | | |
| Depression*Case status | | | | |
| Depression*Neighborhood resources | | | | |
| Case status*Neighborhood resources | | | | |
| Depression*Neighborhood resources*Case status | | | | |
| 4. Depression | | | | |
| Case status | | | | |
| Marital status | | | | |
| Depression*Case status | | | | |
| Depression*Marital status | | | | |
| Case status*Marital status | | | | |
| Depression*Marital status*Case status | | | | |
| 5. Anxiety | | | | |
| Case status | | | | |
| Anxiety*Case status | | | | |
| 6. Anxiety | | | | |

| | • | 1 |
|--|---|---|
| Case status | | |
| Social functioning | | |
| Anxiety*Case status | | |
| Anxiety*Social functioning | | |
| Case status*Social functioning | | |
| Anxiety*Social functioning*Case status | | |
| 7. Anxiety | | |
| Case status | | |
| Neighborhood resources | | |
| Anxiety*Case status | | |
| Anxiety*Neighborhood resources | | |
| Case status*Neighborhood resources | | |
| Anxiety*Neighborhood resources*Case status | | |
| 8. Anxiety | | |
| Case status | | |
| Marital status | | |
| Anxiety*Case status | | |
| Anxiety*Marital status | | |
| Case status*Marital status | | |
| Anxiety*Marital status*Case status | | |
| 9. Pain | | |
| Case status | | |
| Pain*Case status | | |
| 10. Pain | | |
| Case status | | |
| Social functioning | | |
| Pain*Case status | | |
| Pain*Social functioning | | |
| Case status*Social functioning | | |
| Pain*Social functioning*Case status | | |
| 11. Pain | | |
| | | |

| Case status | | |
|---|--|--|
| Neighborhood resources | | |
| Pain*Case status | | |
| Pain*Neighborhood resources | | |
| Case status*Neighborhood resources | | |
| Pain*Neighborhood resources*Case status | | |
| 12. Pain | | |
| Case status | | |
| Marital status | | |
| Pain*Case status | | |
| Pain*Marital status | | |
| Case status*Marital status | | |
| Pain*Marital status*Case status | | |

Table 4. Hierarchical generalized linear models with interactions between emotional distress, social resources, and case status (survivors vs. siblings) predicting cognitive impairments in task efficiency and memory

| | Impairment in task efficiency | | Impairment in memory | | |
|---|-------------------------------|-----------------|----------------------|-----------------|--|
| Models | Coeff (95% CI) | <i>p</i> -value | Coeff (95% CI) | <i>p</i> -value | |
| 1. Depression | | | | | |
| Case status | | | | | |
| Depression*Case status | | | | | |
| 2. Depression | | | | | |
| Case status | | | | | |
| Social functioning | | | | | |
| Depression*Case status | | | | | |
| Depression*Social functioning | | | | | |
| Case status*Social functioning | | | | | |
| Depression*Social functioning*Case status | | | | | |
| 3. Depression | | | | | |
| Case status | | | | | |
| Neighborhood resources | | | | | |
| Depression*Case status | | | | | |
| Depression*Neighborhood resources | | | | | |
| Case status*Neighborhood resources | | | | | |
| Depression*Neighborhood resources*Case status | | | | | |
| 4. Depression | | | | | |
| Case status | | | | | |
| Marital status | | | | | |
| Depression*Case status | | | | | |
| Depression*Marital status | | | | | |
| Case status*Marital status | | | | | |
| Depression*Marital status*Case status | | | | | |
| 5. Anxiety | | | | | |
| Case status | | | | | |
| Anxiety*Case status | | | | | |

| 6. Anxiety | | |
|--|--|--|
| Case status | | |
| Social functioning | | |
| Anxiety*Case status | | |
| Anxiety*Social functioning | | |
| Case status*Social functioning | | |
| Anxiety*Social functioning*Case status | | |
| 7. Anxiety | | |
| Case status | | |
| Neighborhood resources | | |
| Anxiety*Case status | | |
| Anxiety*Neighborhood resources | | |
| Case status*Neighborhood resources | | |
| Anxiety*Neighborhood resources*Case status | | |
| 8. Anxiety | | |
| Case status | | |
| Marital status | | |
| Anxiety*Case status | | |
| Anxiety*Marital status | | |
| Case status*Marital status | | |
| Anxiety*Marital status*Case status | | |
| 9. Pain | | |
| Case status | | |
| Pain*Case status | | |
| 10. Pain | | |
| Case status | | |
| Social functioning | | |
| Pain*Case status | | |
| Pain*Social functioning | | |
| Case status*Social functioning | | |
| Pain*Social functioning*Case status | | |

| 11. Pain | | |
|---|--|--|
| Case status | | |
| Neighborhood resources | | |
| Pain*Case status | | |
| Pain*Neighborhood resources | | |
| Case status*Neighborhood resources | | |
| Pain*Neighborhood resources*Case status | | |
| 12. Pain | | |
| Case status | | |
| Marital status | | |
| Pain*Case status | | |
| Pain*Marital status | | |
| Case status*Marital status | | |
| Pain*Marital status*Case status | | |

Table 5. Hierarchical generalized linear models with interactions between emotional distress, social resources, and case status (survivors vs. siblings) predicting impairment in physical function and role limitations

| | Impairment in p function | | Impairment in role limitations | |
|---|--------------------------|-----------------|--------------------------------|-----------------|
| Models | Coeff (95% CI) | <i>p</i> -value | Coeff (95% CI) | <i>p</i> -value |
| 1. Depression | | | | |
| Case status | | | | |
| Depression*Case status | | | | |
| 2. Depression | | | | |
| Case status | | | | |
| Social functioning | | | | |
| Depression*Case status | | | | |
| Depression*Social functioning | | | | |
| Case status*Social functioning | | | | |
| Depression*Social functioning*Case status | | | | |
| 3. Depression | | | | |
| Case status | | | | |
| Neighborhood resources | | | | |
| Depression*Case status | | | | |
| Depression*Neighborhood resources | | | | |
| Case status*Neighborhood resources | | | | |
| Depression*Neighborhood resources*Case status | | | | |
| 4. Depression | | | | |
| Case status | | | | |
| Marital status | | | | |
| Depression*Case status | | | | |
| Depression*Marital status | | | | |
| Case status*Marital status | | | | |
| Depression*Marital status*Case status | | | | |
| 5. Anxiety | | | | |
| Case status | | | | |
| Anxiety*Case status | | | | |

| 6. Anxiety | | | | |
|--|---|---|---|---|
| Case status | | | | |
| Social functioning | | | | |
| Anxiety*Case status | | | | |
| Anxiety*Social functioning | | | | |
| Case status*Social functioning | | | | |
| Anxiety*Social functioning*Case status | | | | |
| 7. Anxiety | | | | |
| Case status | | | | |
| Neighborhood resources | | | | |
| Anxiety*Case status | | | | |
| Anxiety*Neighborhood resources | | | | |
| Case status*Neighborhood resources | | | | |
| Anxiety*Neighborhood resources*Case status | | | | |
| 8. Anxiety | | | | |
| Case status | | | | |
| Marital status | | | | |
| Anxiety*Case status | | | | |
| Anxiety*Marital status | | | | |
| Case status*Marital status | | | | |
| Anxiety*Marital status*Case status | | | | |
| 9. Pain | | | | |
| Case status | | | | |
| Pain*Case status | | | | |
| 10. Pain | | | | |
| Case status | | | | |
| Social functioning | | | | |
| Pain*Case status | | | | |
| Pain*Social functioning | | | | |
| Case status*Social functioning | | | | |
| Pain*Social functioning*Case status | | | | |
| | • | • | • | • |

| 11. Pain | | |
|---|--|--|
| Case status | | |
| Neighborhood resources | | |
| Pain*Case status | | |
| Pain*Neighborhood resources | | |
| Case status*Neighborhood resources | | |
| Pain*Neighborhood resources*Case status | | |
| 12. Pain | | |
| Case status | | |
| Marital status | | |
| Pain*Case status | | |
| Pain*Marital status | | |
| Case status*Marital status | | |
| Pain*Marital status*Case status | | |

References:

- 1. Chow EJ, Ness KK, Armstrong GT, et al. Current and coming challenges in the management of the survivorship population. *Semin Oncol*. 2020;47(1):23-39. doi:10.1053/j.seminoncol.2020.02.007
- 2. Vatanen A, Hou M, Huang T, et al. Clinical and biological markers of premature aging after autologous SCT in childhood cancer. *Bone Marrow Transplant*. 2017;52(4):600-605. doi:10.1038/bmt.2016.334
- 3. Ness KK, Krull KR, Jones KE, et al. Physiologic frailty as a sign of accelerated aging among adult survivors of childhood cancer: A report from the st jude lifetime cohort study. *J Clin Oncol*. 2013;31(36):4496-4503. doi:10.1200/JCO.2013.52.2268
- 4. Hayek S, Gibson TM, Leisenring WM, et al. Prevalence and Predictors of Frailty in Childhood Cancer Survivors and Siblings: A Report From the Childhood Cancer Survivor Study. *J Clin Oncol*. 2020;38(3):232-247. doi:10.1200/JCO.19.01226
- 5. Cheung YT, Brinkman TM, Li C, et al. Chronic health conditions and neurocognitive function in aging survivors of childhood cancer: A report from the childhood cancer survivor study. *J Natl Cancer Inst*. 2018;110(4). doi:10.1093/jnci/djx224
- 6. Reinfjell T, Zeltzer L. A systematic review of self-reported pain in childhood cancer survivors. *Acta Paediatr Int J Paediatr*. 2020;109(1):56-70. doi:10.1111/apa.14977
- 7. Zeltzer LK, Lu Q, Leisenring W, et al. Psychosocial outcomes and health-related quality of life in adult childhood cancer survivors: A report from the Childhood Cancer Survivor Study. *Cancer Epidemiol Biomarkers Prev.* 2008;17(2):435-446. doi:10.1158/1055-9965.EPI-07-2541
- 8. Ness KK, Mertens AC, Hudson MM, et al. Limitations on physical performance and daily activities among long-term survivors of childhood cancer. *Ann Intern Med.* 2005;143(9):639. doi:10.7326/0003-4819-143-9-200511010-00007
- 9. Smitherman AB, Anderson C, Lund JL, Bensen JT, Rosenstein DL, Nichols HB. Frailty and Comorbidities Among Survivors of Adolescent and Young Adult Cancer: A Cross-Sectional Examination of a Hospital-Based Survivorship Cohort. doi:10.1089/jayao.2017.0103
- 10. Hudson MM, Ness KK, Gurney JG, et al. Clinical ascertainment of health outcomes among adults treated for childhood cancer. *JAMA J Am Med Assoc*. 2013;309(22):2371-2381. doi:10.1001/jama.2013.6296
- 11. Ness KK, Gurney JG, Zeltzer LK, et al. The Impact of Limitations in Physical, Executive, and Emotional Function on Health-Related Quality of Life Among Adult Survivors of Childhood Cancer: A Report From the Childhood Cancer Survivor Study. *Arch Phys Med Rehabil*. 2008;89(1):128-136. doi:10.1016/j.apmr.2007.08.123
- 12. Oancea SC, Brinkman TM, Ness KK, et al. Emotional distress among adult survivors of childhood cancer. *J Cancer Surviv*. 2014;8(2):293-303. doi:10.1007/s11764-013-0336-0
- 13. Blaauwbroek R, Stant AD, Groenier KH, Kamps WA, Meyboom B, Postma A. Health-related quality of life and adverse late effects in adult (very) long-term childhood cancer survivors. *Eur J Cancer*. 2007;43(1):122-130. doi:10.1016/j.ejca.2006.08.003
- 14. Huang IC, Brinkman TM, Kenzik K, et al. Association between the prevalence of symptoms and

- health-related quality of life in adult survivors of childhood cancer: A report from the st jude lifetime cohort study. *J Clin Oncol*. 2013;31(33):4242-4251. doi:10.1200/JCO.2012.47.8867
- 15. Uchino BN, Bowen K, Kent de Grey R, Mikel J, Fisher EB. Social Support and Physical Health: Models, Mechanisms, and Opportunities. In: *Principles and Concepts of Behavioral Medicine*. Springer New York; 2018:341-372. doi:10.1007/978-0-387-93826-4_12
- 16. Pietromonaco PR, Collins NL. Interpersonal mechanisms linking close relationships to health. *Am Psychol.* 2017;72(6):531-542. doi:10.1037/amp0000129
- 17. Kroenke CH. A conceptual model of social networks and mechanisms of cancer mortality, and potential strategies to improve survival. *Transl Behav Med.* 2018;8(4):629-642. doi:10.1093/tbm/ibx061
- 18. Birmingham WC, Holt-Lunstad J. Social aggravation: Understanding the complex role of social relationships on stress and health-relevant physiology. *Int J Psychophysiol*. 2018;131:13-23. doi:10.1016/j.ijpsycho.2018.03.023
- 19. Howell CR, Wilson CL, Yasui Y, et al. Neighborhood effect and obesity in adult survivors of pediatric cancer: A report from the St. Jude lifetime cohort study. *Int J Cancer*. 2020;147(2):338-349. doi:10.1002/IJC.32725
- 20. Sanoff HK, Deal AM, Krishnamurthy J, et al. Effect of cytotoxic chemotherapy on markers of molecular age in patients with breast cancer. *J Natl Cancer Inst*. 2014;106(4). doi:10.1093/jnci/dju057
- 21. Wood WA, Krishnamurthy J, Mitin N, et al. Chemotherapy and Stem Cell Transplantation Increase p16INK4aExpression, a Biomarker of T-cell Aging. *EBioMedicine*. 2016;11:227-238. doi:10.1016/j.ebiom.2016.08.029
- 22. Demaria M, O'Leary MN, Chang J, et al. Cellular senescence promotes adverse effects of chemotherapy and cancer relapse. *Cancer Discov*. 2017;7(2):165-176. doi:10.1158/2159-8290.CD-16-0241
- 23. Smitherman AB, Wood WA, Mitin N, et al. Accelerated aging among childhood, adolescent, and young adult cancer survivors is evidenced by increased expression of p16INK4a and frailty. *Cancer*. Published online August 24, 2020:cncr.33112. doi:10.1002/cncr.33112
- 24. Ariffin H, Azanan MS, Abd Ghafar SS, et al. Young adult survivors of childhood acute lymphoblastic leukemia show evidence of chronic inflammation and cellular aging. *Cancer*. 2017;123(21):4207-4214. doi:10.1002/cncr.30857
- 25. Baker DJ, Wijshake T, Tchkonia T, et al. Clearance of p16 Ink4a-positive senescent cells delays ageing-associated disorders. *Nature*. 2011;479(7372):232-236. doi:10.1038/nature10600
- 26. Rentscher KE, Carroll JE, Repetti RL, Cole SW, Reynolds BM, Robles TF. Chronic stress exposure and daily stress appraisals relate to biological aging marker p16INK4a. *Psychoneuroendocrinology*. 2019;102:139-148. doi:10.1016/j.psyneuen.2018.12.006
- 27. Rentscher KE, Carroll JE, Cole SW, Repetti RL, Robles TF. Relationship closeness buffers the effects of perceived stress on transcriptomic indicators of cellular stress and biological aging marker p16INK4a. *Aging (Albany NY)*. 2020;12(16):16476-16490. doi:10.18632/aging.103739
- 28. Rentscher KE, Carroll JE, Mitchell C. Psychosocial stressors and telomere length: A current

- review of the science. Annu Rev Public Heal. 2020;41. doi:10.1146/annurev-publhealth
- 29. Fried LP, Tangen CM, Walston J, et al. *Frailty in Older Adults: Evidence for a Phenotype*. Vol 56.; 2001. Accessed November 12, 2018. http://www.ncbi.nlm.nih.gov/pubmed/11253156
- 30. Ainsworth BH, Herrmann S, Meckes N, et al. *The Compendium of Physical Activities Tracking Guide*.; 2011.
- 31. Ainsworth BE, Haskell WL, Herrmann SD, et al. 2011 compendium of physical activities: A second update of codes and MET values. *Med Sci Sports Exerc*. 2011;43(8):1575-1581. doi:10.1249/MSS.0b013e31821ece12
- 32. Krull KR, Gioia G, Ness KK, et al. Reliability and validity of the childhood cancer survivor study neurocognitive questionnaire. *Cancer*. 2008;113(8):2188-2197. doi:10.1002/cncr.23809
- 33. Kenzik KM, Huang IC, Brinkman TM, et al. The childhood cancer survivor study-neurocognitive questionnaire (CCSS-NCQ) revised: Item response analysis and concurrent validity. *Neuropsychology*. 2015;29(1):31-44. doi:10.1037/neu0000095
- 34. Krull KR, Annett RD, Pan Z, et al. Neurocognitive functioning and health-related behaviours in adult survivors of childhood cancer: A report from the Childhood Cancer Survivor Study. *Eur J Cancer*. 2011;47(9):1380-1388. doi:10.1016/j.ejca.2011.03.001
- 35. Krull KR, Annett RD, Pan Z, et al. Neurocognitive functioning and health-related behaviours in adult survivors of childhood cancer: A report from the Childhood Cancer Survivor Study. *Eur J Cancer*. 2011;47(9):1380-1388. doi:10.1016/j.ejca.2011.03.001
- 36. Reulen RC, Zeegers MP, Jenkinson C, et al. The use of the SF-36 questionnaire in adult survivors of childhood cancer: Evaluation of data quality, score reliability, and scaling assumptions. *Health Qual Life Outcomes*. 2006;4(1):1-8. doi:10.1186/1477-7525-4-77